



**Parent-Community Advisory Council**  
**January 26, 2011**  
**11:45 a.m. – 2:00 p.m.**

**970 N. Glenn Road**  
**Central Services Facility Jefferson Room**

Norms: \* Use name card for feedback or questions \* Stay on task, stick to agenda \* Start on time, end on time \* Build in time for questions/answers throughout meeting \* Courtesy – cell phones on vibrate or silent, leave room to text, and minimize side bar conversations \*

Facilitators – Ellen Parke and Manuel Lojo

- I. Sign-In/Lunch – 11:45 a.m.
- II. Welcome/Introductions – 12:00 p.m.
- III. Review Norms
- IV. Board of Trustees Update – Audrey Cotherman (10 min.)
- V. District Update – Joel Dvorak (10 min.)
- VI. Legislative Update – Joel Dvorak (10 min.)
- VII. High School Projects Update – Joel Dvorak and Mark Mathern (10 min.)
- VII. Presentation of Gallup Survey Results – Crystal Mueller (60 min.)
- IX. Update from School Organizations
- X. Question/Answer Session
- XI. Meeting Recap – Review + / Δ

**Next Meeting:**  
**February 23, 2011**  
**Central Services Facility - Jefferson Room**

*Please share what you learned at today's meeting with your school community.*

Progress on Selection of Architects for High School Projects:  
1/18/11

- KWHS A/E and CMAR interviews were held the week of Jan 10th
- New High School A/E and CMAR interviews are being held this week Jan 18th
- NCHS A/E and CMAR interviews are scheduled for the week of Jan 24th
- The SFC will notify selected firms on February 1, 2011.
- The SFC will negotiate a contract with the selected firm in February.
- Design charettes for all three projects will begin in March.



**FEEDBACK/RESPONSES  
NOVEMBER 17, 2010**

**Meeting Comments/Questions/Concerns/Issue**

- Who was awarded the construction contract at Southridge? *The construction company has not been selected yet. It is anticipated that it will be late winter/early spring.*
- I enjoyed Mr. Nash. We also have been given school names with the discipline data sheets, how can you take data back to the schools and report?
- Give PCAC brochure to all schools for their Back to School Night
- I noticed that many have wanted information on G/T programs. It has been a while since it has been addressed. *Jeanne Spawn will present an update at the February 23 meeting.*
- Very good meeting, data was presented in a way everyone could understand.
- Good meeting, our rodeo clown was great! I will probably get to the bullying meeting for sure now!
- What is the Parent Advisory Group and how does it relate to PCAC? *This is a separate organization from PCAC. There is no relation.*

**Future Meeting Topic Suggestions**

- Alternative consequences to behavior issues



**ANNOTATED AGENDA  
November 17, 2010**

*Please share what you learned at today's meeting with your school community.*

- I. Welcome-Introductions – Marcy Elton (facilitator) welcomed parents and community members. Round table introductions were made.
  
- II. Review of PCAC Norms
  - Use name card for feedback or questions
  - Stay on task, stick to agenda
  - Start on time, end on time
  - Build in time for questions/answers throughout meeting
  - Courtesy – cell phones on vibrate or silent, leave room to text, minimize side bar conversations
  - Time keeper
  
- III. Board of Trustees Update – Steve Degenfelder provided a board report:
  - NCSD has two new board members - Pat Keefe and Dave Applegate, two incumbents – Suzanne Sandoval and Audrey Cotherman.
  - The district is rolling out new teacher and administrator evaluation processes, high sense of accountability, measurable goals
  - NCSD will be hosting a dinner with local and state legislators tonight
  - Work continues with the architectural selection process, Trustees are committed to the renovation of KWHS and NCHS and new high school campus, selections should be wrapped up by the end of the year, ready to start first phase of design with charettes
  - Wyoming CREG report shows that possibility of adding \$500 million in excess funds. If NCSD appropriated additional funds by legislature, may be able to expedite renovation and new construction of high schools. Currently have \$20 million, need additional \$100 million. Once NCSD is fully funded, other projects on the School Facility Commission list will be next in line.
  
- VI. Bullying/Safe Schools Update – Marty Wood and Marvin Nash provided history on the Bullying Hurts program.
  - Currently 37 states with 300 programs in the US
  - All 40 Wyoming counties were invited to a video conference this summer
  - Casper will be the third town hall meeting – November 17, 2010 @ 7:00 p.m. at City Hall, if unable to attend will be shown on Bresnan channel 3; panel of 9 individuals, parents, community members, educators, open forum, ability to email questions
  - Bullyinghurts.com
  - Community issue to address, together we can do tremendous things, ability to work together

- School is a reflection of the community and vice versa
- If need additional information on bullying, please contact Marty Wood, Safe Schools Administrator, 253-5325

V. District Update – Dr. Mark Mathern provided an update on district activities.

- The Wyoming Joint Education Committee is meeting this week at Casper College, discussions of (1) K-2 foreign language instruction, no funding except for SALSA program, reconsidering whether to provide additional funds or building curriculum, not successful in past; and (2) Hathaway discussion of including technical, foreign language or arts in level 3, another opportunity to access higher education
- Continue to meet with leaders and teachers around high school programming, focusing on four academies – fine arts/performance, industry, health, business/agriculture, what classes will look like.
- Recent staff Gallup survey has been completed, NCSD only has 25% of staff and teachers engaged. Crystal Mueller will be providing a full report at the January PCAC meeting.
- District data review for K-8 has been completed, still working on high schools. Please see attached results. There is movement with fewer focus schools.
- The District is embarking on expanding Goal #3 – Literate Students with a partnership between the Casper Star Tribune and private businesses and foundations – birth to 3. Bringing books into homes. Will keep PCAC updated on progress

VI. Adequate Yearly Progress (AYP) Dr. Mark Mathern provided an update on the district's adequate yearly progress. After the blunder of the state's PAWS provider, the Wyoming Department of Education petitioned the federal government to not consider this year's results. Wouldn't put a lot of weight on AYP, the larger the district, the harder it is for them to make AYP. Consequences for not making AYP for Title I schools is higher than non-title I. The District is not waiting for the federal government's report before implementing changes.

VII. PAWS Update Dr. Mark Mathern provided an update on the District's PAWS results. Results from the high school level are highly suspect, large point drop. Shaded boxes on attached report shows improvement.

VIII. Students Riding Bus with Musical Instruments The transportation department will be working with parents and music teachers on a case by case basis if problems arise. If there are concerns, please contact Chad Brush at 253-5283.

IX. School Updates

- Southridge Elementary School – there are a lot of changes happening at the school. During winter break, the school will move to Westwood Elementary for the next 18 months while their new school is being built. Parents and staff will be spending winter break packing. The last two days before winter break, students will be transported to Westwood and be provided tours of their new building. The date for demolition is still up in the air as well bidding for the construction company. The playground equipment will remain fenced off during construction. It will be quite a different configuration than the existing with a multi-level. Kids are excited except for those that will be moving to middle school and will miss attending the new school.
- Paradise Valley Elementary School – Everyone loves the new principal, Aaron Wilson. The climate is different than in the past. He is out with the kids on the sidewalk,

- Manor Heights Elementary School – The school recently held its literacy night, would have loved to see more parents attend.
- Centennial Junior High – The school held its Veterans Day celebration, numbers were down from last year, there are good ideas for next year. It is moving to see kids helping the community.
- Bar Nunn Elementary – They recently held their safe walk to school. With the new housing construction, there are few cross walks. The school will also be implementing Solid Foundation work in the near future.
- Fort Caspar Academy – Most of the school focuses on the lower performing students. They recently hired someone to work with the gifted students which will include instructor pull outs. The school will be hosting the NCSD board meeting on November 22, 2010.
- Natrona County High School – The school won the boys state football championships. It was a fabulous day. NCHS is currently working with the scoping documents and in the process of selecting an architectural design team.
- Wood Learning Center – The school celebrated National Education Week. Parents are invited to participate in circle time (whole school learning) this week to learn about Brazil.

X. Introduction of New Steering Committee Members – Melissa Ortberg (Paradise Valley) and Natalie Pique (Parent Education Network)

XI. Recap of Meeting – Review of +/-

**Next Meeting:  
January 26, 2011 11:45 a.m. – 2:00 p.m.  
Central Services Facility - Jefferson Room**

# NATRONA

## COUNTY SCHOOLS

**TO:** Board of Trustees

**FROM:** Dennis Bay, P.E., Executive Director Facilities and Technology

**DATE:** November 8, 2010

**SUBJECT:** Construction Updates

The construction updates for projects in progress as of November 1, 2010, are attached for your information.

**Natrona County School District No. 1  
Capital Construction Project Report  
November 1, 2010**

Project: New High School Campus

Project Phase: A/E Selection

Milestone	Schedule Date	Comment
Informational Conference	September 28, 2010	Actual
Receiving/Opening Letters of Interest	October 21, 2010	Actual
Review Letters of Interest by Selection Committee	November 1, 2010	Actual
Check References	November 5, 2010	Planned
Pre-Proposal Conference	November 12, 2010	Planned
Receive/Open Proposals from A/E Firms	November 30, 2010	Planned
Interviews of Qualified Finalists	December 6, 2010	Planned
Rank Qualified Finalists	December 7, 2010	Planned

The Letters of Interest have been received and distributed to the Selection Committee to review in preparation for the November 1<sup>st</sup> meeting.

**Natrona County School District No. 1  
Capital Construction Project Report  
November 1, 2010**

Project: Kelly Walsh High School Renovations

Project Phase: A/E and CMAR Selection

Milestone	Schedule Date	Comment
Informational Conference	September 28, 2010	Actual
Receiving/Opening Letters of Interest-Architects & CMAR	October 27, 2010	Actual
Review Architects' Letters of Interest by Selection Committee	November 10, 2010	Planned
Review CMAR Letters of Interest by Selection Committee	November 11, 2010	Planned
Check References	November 18, 2010	Planned
Pre-Proposal Conference	November 29, 2010	Planned
Receive/Open Proposals from Architects & CMAR	December 14, 2010	Planned
Interviews of Qualified Finalists - Architects	December 28, 2010	Planned
Interviews of Qualified Finalists - CMAR	December 29, 2010	Planned
Rank Qualified Finalists	December 30, 2010	Planned

The Architect and CMAR Letters of Interest have been received and distributed to the Selection Committee to review in preparation for the November 10<sup>th</sup> and 11<sup>th</sup> meetings.

**Natrona County School District No. 1  
Capital Construction Project Report  
November 1, 2010**

Project: Natrona County High School Renovations

Project Phase: A/E and CMAR Selection

Milestone	Schedule Date	Comment
Informational Conference	September 29, 2010	Actual
Receiving/Opening Letters of Interest-Architects & CMAR	November 2, 2010	Planned
Review Architects' Letters of Interest by Selection Committee	November 10, 2010	Planned
Review CMAR Letters of Interest by Selection Committee	November 11, 2010	Planned
Check References	November 23, 2010	Planned
Pre-Proposal Conference	November 30, 2010	Planned
Receive/Open Proposals from Architects & CMAR	December 17, 2010	Planned
Interviews of Qualified Finalists - Architects	January 3, 2010	Planned
Interviews of Qualified Finalists - CMAR	January 4, 2010	Planned
Rank Qualified Finalists	January 5, 2010	Planned

The Architect and CMAR Letters of Interest have been received and distributed to the Selection Committee to review in preparation for the November 10<sup>th</sup> and 11<sup>th</sup> meetings.

**Natrona County School District No. 1  
Capital Construction Project Report  
November 1, 2010**

Project: Southridge Elementary School  
1600 W. 29<sup>th</sup> Street  
Casper, WY

Project Phase: Design

Architect: DLR Group Inc., Denver, CO  
Civil Engineer: Worthington Lenhart and Carpenter, Inc., Casper, WY  
Structural Engineer: Lower & Company, PC, Casper, WY  
Mechanical Engineer: Engineering Design Associates (EDA), Casper, WY  
Electrical Engineer: Engineering Design Associates (EDA), Casper, WY  
Plumbing Engineer: Engineering Design Associates (EDA), Casper, WY

Milestone	Schedule Date	Comment
Construction Start	Spring 2011	Planned
Owner Move-in	Summer 2012	Planned

1. Project Description
  - Elementary school K-5, 3/2 model
  - Approximately 300 student capacity
  - Approximately 45,000 square feet
  - Construction of facility will be on the existing Southridge Elementary School site and will require vacation and demolition of existing building
  - Students will attend school at Westwood starting January 2011
  
2. Activities in Progress
  - SFC issued Notice to Proceed past 10% on September 17, 2010
  - District and DLR are progressing towards 35% drawings
  
3. Schedule Status
  - Work continues with the City of Casper for the lease of the Southridge Park property

**Natrona County School District No. 1**  
**Construction Project Report**  
**November 1, 2010**

Project: NCHS Stadium Structural Repair  
930 South Elm  
Casper, WY



Investigative Engineer: Wiss, Janney, Elstner, Associates, Inc., Lakewood, CO


Contractor: John Rohrer Contracting Co., Inc., Kansas City, KS

Contract Amount: \$169,800

Milestone	Schedule Date	Comment
Construction Start	September 20, 2010	Actual
Construction Completion	November 3, 2010	Planned

1. Project Description
  - Repair overhead concrete surfaces
  - Repair top surfaces (traffic surfaces)
  - Epoxy injection of overhead surfaces
  - Strengthening of spectator seating benches
2. Some additional patching and repairs have been identified and are being completed under this contract.
3. Project is 27% complete.

From:  **Jennifer Cousineau**  
Subject: Teacher of the Year  
To:  **Michelle Wallace-Frank**

Wednesday, October 06, 2010 9:48:16 AM 

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## **Midwest 'newcomer' named NCSD Teacher of the Year**

Rondalynn (Ronni) Mull of Midwest Schools has been named the 2011 NCSD Teacher of the Year and has been nominated for the Wyoming Teacher of the Year Award.

Mull teaches middle- and high school-level science and math at Midwest Schools. Prior to that, she worked for 20 years as a nuclear chemist. While her background may come in helpful in teaching science, her peers say that it's her personality and teaching skill that really make the difference.

Though Mull has only been in the classroom for three years, and at Midwest for two years, people say she seems like a seasoned teacher.

"Her ability to assess the needs of all learners and and accommodate the varied learning styles of adolescent learners is remarkable," wrote Midwest Principal Chris Tobin. "She is the ultimate 'kid magnet' teacher."

Erin Cordova, a fellow teacher and parent of one of Mull's student, wrote that Mull has a "way of making the kids feel that they can accomplish whatever they set out to achieve."

"She does this through honesty, mutual trust, and an inherent knowledge of each student's individual needs," Cordova said.

Mull doesn't just teach classes during the day. She gives up her lunch and planning periods to tutor students. She volunteers Saturdays to work with students who take classes through the Wyoming e-Academy for Virtual Education (WeAVE). She gives students her cell phone number and spends evenings exchanging texts about homework or just to make connections with students. She is an advocate and personal friend to at-risk youth.

Mull said that's just part of her understanding of the role of a teacher.

"A true teacher guides students in exploring the world around them, not just imparting knowledge," she wrote. "While to the outside world teaching is a job, never do I wake up and think to myself I have to go to work. I wake up thinking about my kids and what we will be exploring that day."

Her passion shows, said her coworkers.

<<OVER>>

"Never have I seen a teacher care more deeply for her students or bestow more time to their needs while neglecting her own," Cordova said. "Ronni is the true embodiment of what it means to be a teacher, and I feel that the rest of us could stand to learn a lot from her heart and spirit."

In her free time, Mull also enjoys working with dogs. She participates in the Central Wyoming Kennel Club, Agility Club of Central Wyoming and Obedience Club of Central Wyoming. She has taught sessions in agility, rally and obedience and judges dog events throughout the summer. Her dogs also have served as therapy dogs, bringing comfort to patients in the hospital and in Hospice.

As the NCSD nominee for Wyoming Teacher of the Year, Mull will receive a \$1,000 award from the state. She also is entered in the state competition, where the winner receives \$5,000. The Wyoming Teacher of the Year will be announced by Nov. 1.

Have a wonderful day!

Jennifer (Schultes) Cousineau  
Natrona County School District  
Communications Specialist  
Office (307) 253-5382  
Fax (307) 253-5385 (to my attention, please)  
[www.natronaschools.org](http://www.natronaschools.org)  
Visit us on Twitter and Facebook!

"I love those who smile in trouble, gather strength from distress and grow brave by reflection." Leonardo da Vinci

**Natrona County School District No. 1  
Major Maintenance Project Status Report  
November 1, 2010**

This report is based on the October 19, 2010 project status report as prepared and presented by Caspar/Pope Joint Venture.

**Project: 2009-2010 Caspar/Pope Major Maintenance Status Report  
Updated October 19, 2010**

**2009-2010**

Number of 2009-2010 projects contracted with Caspar/Pope:	108
Number of projects completed:	92
Number of projects ongoing	14
Number of projects not yet started	2
Percent of projects completed:	85%

**2010-2011**

Number of 2010-2011 projects contracted with Caspar/Pope:	85
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CONSOLIDATED STATE APPLICATION ACCOUNTABILITY WORKBOOK

Wyoming has developed and is implementing additional assessments to ensure annual testing grades 3-8. This new system will also be more likely to perceive change after schools and classrooms have had time to fully align their educational programs with the content and achievement standards. By allowing for a steeper trajectory in later years, professional development and school based interventions will have an opportunity to take effect, and the AYP accountability system in Wyoming will be more valid, reliable, and meaningful.

Due to Wyoming’s small student numbers, the original starting points baseline was calculated by averaging two years of school data. Even with the 3-8 and 11 assessments, Wyoming’s numbers are still very small. Wyoming will leave its current Intermediate Goals in place for the 2006 AYP decisions and revisit this issue in 2007.

Table 2. Wyoming’s AYP Intermediate Goals (bold) and Annual Objectives.

Year	Elementary School		Middle School		High School	
	Language Arts	Mathematics	Language Arts	Mathematics	Language Arts	Mathematics
2002	30.40	23.80	34.50	25.30	48.40	35.80
2003	30.40	23.80	34.50	25.30	48.40	35.80
2004	30.40	23.80	34.50	25.30	48.40	35.80
<b>2005</b>	<b>42.00</b>	<b>36.50</b>	<b>45.42</b>	<b>37.75</b>	<b>57.00</b>	<b>46.50</b>
2006	42.00	36.50	45.42	37.75	57.00	46.50
2007	42.00	36.50	45.42	37.75	57.00	46.50
<b>2008</b>	<b>53.60</b>	<b>49.20</b>	<b>56.33</b>	<b>50.20</b>	<b>65.60</b>	<b>57.20</b>
2009	53.60	49.20	56.33	50.20	65.60	57.20
2010	53.60	49.20	56.33	50.20	65.60	57.20
<b>2011</b>	<b>65.20</b>	<b>61.90</b>	<b>67.25</b>	<b>62.65</b>	<b>74.20</b>	<b>67.90</b>
<b>2012</b>	<b>76.80</b>	<b>74.60</b>	<b>78.17</b>	<b>75.10</b>	<b>82.80</b>	<b>78.60</b>
<b>2013</b>	<b>88.40</b>	<b>87.30</b>	<b>89.08</b>	<b>87.55</b>	<b>91.40</b>	<b>89.30</b>
<b>2014</b>	<b>100.00</b>	<b>100.00</b>	<b>100.00</b>	<b>100.00</b>	<b>100.00</b>	<b>100.00</b>

# 2009-10 NCSD DATA REVIEW

	READING					MATH					LANGUAGE USE/ WRITING				
	2007	2008	2009	2010	CHANGE	2007	2008	2009	2010	CHANGE	2007	2008	2009	2010	CHANGE
BAR NUNN				+1					+1					0	
COTTONWOOD				+1					0					+1	
CREST HILL				0					0					0	
EVANSVILLE				+1					0					0	
FORT CASPAR				0					+1					0	
GRANT				0					0					0	
MANOR HEIGHTS				0					0					0	
MIDWEST				+1					0					+1	
MILLS				+1					0					0	
MOUNTAIN VIEW				+1					+1					+1	
NORTH CASPER				0					0					0	
OREGON TRAIL				0					0					0	
PARADISE VALLEY				0					0					0	
PARK				0					0					0	
PINEVIEW				0					0					+1	
POISON SPIDER				0					0					+1	
SAGEWOOD				+1					+1					+1	
SOUTHRIDGE				0					0					0	
UNIVERSITY PARK				0					+1					0	
VERDA JAMES				0					-1					0	
WILLARD				0					0					0	
WOODS				0					0					0	
CCA				0	*				0					0	
CENTENNIAL				-1	*				0					0	
CY				+1	*				0					+1	
DEAN MORGAN				0	*				+1					+1	
FRONTIER				0	*				0					0	
MIDWEST				0	*				-1					0	
POISON SPIDER				0	*				-1					0	
WOODS				0					0					+1	

<b>KEY</b>	EXCELLING	UNCLASSIFIED	FOCUS
	DISTRICT FOCUS AREA	POSITIVE/NEGATIVE	NO CHANGE

Reading 2010: Nov. 10, 2010; 10 members  
 Reading 2009: Sept. 1, 2009; 13 members  
 Reading 2008: Aug. 26, 2008; 12 members  
 Reading 2007: Sept. 25 & Nov. 11, 2007; 8 members

Math 2010: Nov. 15, 2010; 9 members  
 Math 2009: Sept. 2, 2009; 17 members  
 Math 2008: Aug. 29, 2008, 14 members  
 Math 2007: Sept. 12, 2007

Language 2010: Nov. 11, 2010; 10 members  
 Language 2009: Sept. 3, 2009; 11 members  
 Language 2008: Sept. 12, 2008; 11 members  
 Language 2007: Nov. 11, 2007; 6 members



## What to Do if Your Child is Being Bullied

### What is bullying?

Bullying among children is aggressive behavior that is intentional and that involves an imbalance of power or strength. A child who is being bullied has a hard time defending himself or herself. Usually, bullying is repeated over time. Bullying can take many forms, such as hitting or punching (physical bullying); teasing or name-calling (verbal bullying); intimidation using gestures or social exclusion (nonverbal bullying or emotional bullying); and sending insulting messages by phone or computer e-mail (cyberbullying).

### Effects of bullying

Bullying can have serious consequences. Children and youth who are bullied are more likely than other children to

- Be depressed, lonely, anxious;
- Have low self-esteem;
- Be absent from school;
- Feel sick; and
- Think about suicide.

### Reporting bullying to parents

Children frequently do not tell their parents that they are being bullied because they are embarrassed, ashamed, frightened of the children who are bullying them, or afraid of being seen as a "tattler." If your child tells you about being bullied, it has taken a lot of courage to do so. Your child needs your help to stop the bullying.

### What to do if your child is being bullied

*1. First, focus on your child. Be supportive and gather information about the bullying.*

- Never tell your child to ignore the bullying. What the child may "hear" is that *you* are going to

ignore it. If the child were able to simply ignore it, he or she likely would not have told you about it. Often, trying to ignore bullying allows it to become more serious.

- Don't blame the child who is being bullied. Don't assume that your child did something to provoke the bullying. Don't say, "What did you do to aggravate the other child?"
- Listen carefully to what your child tells you about the bullying. Ask him or her to describe who was involved and how and where each bullying episode happened.
- Learn as much as you can about the bullying tactics used, and when and where the bullying happened. Can your child name other children or adults who may have witnessed the bullying?
- Empathize with your child. Tell him/her that bullying is wrong, not their fault, and that you are glad he or she had the courage to tell you about it. Ask your child what he or she thinks can be done to help. Assure him or her that you will think about what needs to be done and you will let him or her know what you are going to do.
- If you disagree with how your child handled the bullying situation, don't criticize him or her.
- Do not encourage physical retaliation ("Just hit them back") as a solution. Hitting another student is not likely to end the problem, and it could get your child suspended or expelled or escalate the situation.

- Check your emotions. A parent's protective instincts stir strong emotions. Although it is difficult, a parent is wise to step back and consider the next steps carefully.
- 2. Contact your child's teacher or principal.*
- Parents are often reluctant to report bullying to school officials, but bullying may not stop without the help of adults.
  - Keep your emotions in check. Give factual information about your child's experience of being bullied including who, what, when, where, and how.
  - Emphasize that you want to work with the staff at school to find a solution to stop the bullying, for the sake of your child as well as other students.
  - Do not contact the parents of the student(s) who bullied your child. This is usually a parent's first response, but sometimes it makes matters worse. School officials should contact the parents of the child or children who did the bullying.
  - Expect the bullying to stop. Talk regularly with your child and with school staff to see whether the bullying has stopped. If the bullying persists, contact school authorities again.
- 3. Help your child become more resilient to bullying.*
- Help to develop talents or positive attributes of your child. Suggest and facilitate music, athletics, and art activities. Doing so may help your child be more confident among his or her peers.
  - Encourage your child to make contact with friendly students in his or her class. Your child's teacher may be able to suggest students with whom your child can make friends, spend time, or collaborate on work.
  - Help your child meet new friends outside of the school environment. A new environment can provide a "fresh start" for a child who has been bullied repeatedly.
  - Teach your child safety strategies. Teach him or her how to seek help from an adult when feeling threatened by a bully. Talk about whom he or she should go to for help and role-play what he or she should say. Assure your child that reporting bullying is not the same as tattling.
  - Ask yourself if your child is being bullied because of a learning difficulty or a lack of social skills? If your child is hyperactive, impulsive, or overly talkative, the child who bullies may be reacting out of annoyance. This doesn't make the bullying right, but it may help to explain why your child is being bullied. If your child easily irritates people, seek help from a counselor so that your child can better learn the informal social rules of his or her peer group.
  - Home is where the heart is. Make sure your child has a safe and loving home environment where he or she can take shelter, physically and emotionally. Always maintain open lines of communication with your child.

## References

**Olweus, D.** (1993). *Bullying At school: What we know and what we can do*. Cambridge, MA: Blackwell.

**Snyder, J. M.** (February, 2003) *What Parents Can Do About Childhood Bullying*. Schwab Learning Center, ([www.schwablearning.org](http://www.schwablearning.org)) Charles and Helen Schwab Foundation. Retrieved August 12, 2005, from <http://www.schwablearning.org/articles.asp?r=697>

*What Parents Should Know about Bullying* (2002). Prevention Child Abuse America Publication. South Deerfield, MA. (1-800-835-2671).

Bullying Curriculum  
Recommendations  
For 2010-2011  
March 29, 2010

HB 223 - Safe Schools Climate Act was passed in the spring of 2009 requiring all school districts in the state of Wyoming to adopt a bullying policy by December 31<sup>st</sup>, 2009. At their December meeting, the Board of Trustees adopted Policy #5440. The Administrative Regulations for Policy #5440 state the following:

- Bullying training and education curriculum shall be standardized, based on age group, throughout the District.
- Beginning in Fall, 2010, the Student Bullying Policy and procedures shall be discussed annually at each school during student orientation or at an alternative time to be determined by the principal or his or her designee prior to October 1.
- Each building principal or his or her designee shall be responsible for assuring the delivery of this standardized orientation information. Documentation of the delivery of bullying orientation information shall be sent to the Safe Schools Director within three (3) school days of delivery.

The Director of Teaching and Learning was tasked with researching existing bullying curricula around the country. With the aid of Kim Ibach, Sheryl Iszler, Jeanette Russell, Karla Jump, Marty Wood, and Paula Behran,

It is recommended that these grade levels pilot one of following programs in 2010-2011:

- K-2      In an assembly, show *Internet Safety* with Professor Garfield,  
<http://www.infinitelearninglab.org/>  
OR  
Follow PBIS/PBS introduction to bullying (Bullying Prevention Manual)  
at  
[http://www.pbis.org/pbis\\_resource\\_detail\\_page.aspx?PBIS\\_ResourceID=785](http://www.pbis.org/pbis_resource_detail_page.aspx?PBIS_ResourceID=785)
- 3-6      *Steps to Respect* curriculum to precede or follow *Second Step* Curriculum  
OR  
*Bullyproofing (Bullyproof Conflict Resolution* at  
<http://www.bullyproof.org/>)  
OR  
Follow PBIS/PBS Bullying Prevention Manual for Middle School at  
[http://www.pbis.org/pbis\\_resource\\_detail\\_page.aspx?PBIS\\_ResourceID=786](http://www.pbis.org/pbis_resource_detail_page.aspx?PBIS_ResourceID=786)
- 6-8      Bullying unit in *Second Step* curriculum  
OR  
Show *Bullying 101* video (check out through Curriculum & Instruction

OR  
Allow students to view the webisodes on  
<http://stopbullyingnow.hrsa.gov/kids/webisodes/default.aspx>

9-12 Student Ambassadors

OR  
PSR/Generation Next

An evaluation instrument will be designed for schools to rate these programs. Discussion with principals will be held in summer 2011 about recommendations for District standardization. Schools will be required to document the training that was given to students and send to the Safe Schools office.

Draft

## Bullying Prevention Resources

### Helpful Documents

- **Anti-Bullying Law Toolkit** (2009) - Produced by the Anti-Defamation League and provides good resources to make legal and policy changes to prevent bullying
- **NEW Bullying At School and Online: Quick Facts For Parents** (2009) - Produced by the American Association of School Administrators
- **Bullying Fact Sheet** (2008) - Created by the Center for the Study and Prevention of Violence (CSPV) and Safe Communities - Safe Schools and addresses bullying facts
- **Bullying Prevention: Recommendations For Parents** (2008) - Created by the Center for the Study and Prevention of Violence (CSPV) and Safe Communities - Safe Schools and addresses recommendations for parents
- **Bullying: What Parents Can Do About It** (2002) - Created by Penn State University's Daniel F. Perkins, Ph.D. and Elaine Berrena, M.Ed.
- **Tips for Parents: What To Do If Your Child Is Being Bullied** (2007) - Created by Hazelden and the Olweus Bullying Prevention Program this document provides some useful suggestions for parents and care providers
- **Social and Emotional Learning and Bullying Prevention** (2009) - Published as a joint document with the Education Development Center, the American Institute for Research, and CASEL, this booklet outlines strategies, research and suggestions to prevent bullying and promote better learning
- **What Parents Can Do** from FindYouthInfo.org
- Stop Bullying Now - **What To Do If Your Child Is Being Bullied** - Published by Stop Bullying Now, the U.S. Department of Health and Human Services, and the Health Resources and Services Administration this guide offers help information to parents

### Bullying Prevention Resource Guide

- This guide is designed to help communities across the nation take advantage of what has been learned and accomplished over 3-1/2 years by the schools, districts and nonprofit organizations participating in The Colorado Trust's 2005, \$8.6 million Bullying Prevention Initiative (BPI).

### NEW Bullying Research Network

- Uniting researchers in bullying prevention and intervention. Provided by the University of Nebraska-Lincoln.

### Collaborative for Academic, Social, and Emotional Learning (CASEL)

- The mission of CASEL is to establish social and emotional learning (SEL) as an essential part of education. They imagine a world where families, schools, and communities work together to promote children's success in school and life and to support the healthy development of all children.

### Cyberbullying Research Center

- The **Cyberbullying Research Center** is dedicated to providing up-to-date information about the nature, extent, causes, and consequences of cyberbullying, and the negative use of social networking among adolescents.
- This web site provides cyberbullying research, stories, cases, downloads, fact sheets, online quizzes, tips and strategies, news headlines, a blog, and a number of other helpful resources on their comprehensive public service web site.



# Tips for Parents: What to Do If Your Child Is Being Bullied

If your child is being bullied at school, this can be a very painful experience for your child and your family. Here are some things you can do to support your child if he or she is being bullied:

- Never tell your child to ignore the bullying.
- Don't blame your child for the bullying. Don't assume your child did something to provoke the bullying.
- Allow your child to talk about his or her bullying experiences. Write down what is shared.
- Empathize with your child. Tell him or her that bullying is wrong, that it is not his or her fault, and that you are glad he or she had the courage to tell you about it.
- If you disagree with how your child handled the bullying situation, don't criticize him or her. It is often very difficult for children to know how best to respond.
- Do not encourage physical retaliation.
- Check your emotions. A parent's protective instincts stir strong emotions. Although it is difficult, step back and consider the next steps carefully.
- Contact a teacher, school counselor, or principal at your school immediately and share your concerns about the bullying that your child has experienced.
- Work closely with school personnel to help solve the problem.
- Encourage your child to develop interests and hobbies that will help build resiliency in difficult situations like bullying.
- Encourage your child to make contact with friendly students in his or her class, or help your child meet new friends outside of school.
- Teach your child safety strategies, such as how to seek help from an adult.
- Make sure your child has a safe and loving home environment.
- If you or your child need additional help, seek help from a school counselor and/or mental health professional.

This list has been adapted from a publication originally created for "Take a Stand. Lend a Hand. Stop Bullying Now!" a campaign of the Health Resources and Services Administration, U.S. Department of Health and Human Services. [www.StopBullyingNow.hrsa.gov](http://www.StopBullyingNow.hrsa.gov). Used with permission.

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2009-1020 NCSD Displine Data

Compiled by NCSD Student Support Services

	Alcohol	Alcohol/Code	Arson	B.E.S.T./P.B.S.	Battery	Bullying	Burglary	Bus	Cheating	ClassDisruption	Cyber-Bullying	DisorderlyConduct	Dress Code	Drugs	Fighting	Insubordination	Misconduct	No Materials	Other Major Offenses	Playground Viol	Profanity	Rough Play	Sexual Battery	Sexual Harassment	Sexual Offenses	Skip Detention	Theft	Threat	Tobacco	Trespassing	Truancy	Vandalism	Weapons	Grand Total		
Bar Nunn					2			20		3					40	69				6														140		
Cottonwood		1	1		39					32		13			29	92	83		19	2	14	8				11	10	1				6		361		
Crest Hill								3		15					3	3	193				1						1							219		
Evansville					2	2				12					7	2	1							2			5	1						34		
Fort Caspar					1							1			2						2			1								4		11		
Grant						8		8	2	26		32			59	80	65		4	34	22	26		2	1		22	11	2			11		415		
Manor Heights				1	3	4				22	2	4			17	40	35		1	32	22	49		2	1		6	3			2	1		247		
Midwest						2				8		3		1	34	81	6		3	1	10	2		5	3		3	15					186			
Mills					1			13		6		20			16	20	8			45	1	11		9	1		5	1				5		162		
Mountain View					20			31		14					18	34	96	3		1	11	3		2	1		2	3						239		
North Casper										6		37				4	133		3	6	12			1		11	3							216		
Oregon Trail						5		6	11	11		12			2	81	159	34		68	13	4		1			6							413		
Paradise Valley						3		15		14		24			52	14	77		1	10	15	2		8	2		1					1		239		
Park					2	4				17		12			12	35	60		12	1	2	35		4			4	2				3		205		
Pineview						1																		1				2							4	
Poison Spider								51		9					36	34	41		1	3	2			15	5		2	3					3		205	
Sagewood					6	8		7		6		6			57	12	5		5	20	1	1		1			2	5					4		146	
Southridge				1	2					20		4			13	14	32			29	11	14		3			3	1							147	
University Park						4		1	1	11					8	25	6			14	6			2			1	5					1		85	
Verda James						1		10	1	7		2			35	1	84			9	2	4					2	3							161	
Willard						1		5		7		4				15	16		3	1	3	2		1				1							59	
Woods																	2																			2
<b>Elementary Total</b>		<b>1</b>	<b>1</b>	<b>2</b>	<b>78</b>	<b>43</b>		<b>179</b>	<b>15</b>	<b>246</b>	<b>2</b>	<b>174</b>		<b>1</b>	<b>400</b>	<b>627</b>	<b>1,171</b>	<b>37</b>	<b>52</b>	<b>276</b>	<b>156</b>	<b>161</b>		<b>60</b>	<b>14</b>		<b>85</b>	<b>71</b>	<b>3</b>		<b>2</b>	<b>39</b>		<b>3,896</b>		
CCA					1					7						56	1					5						1							71	
Centennial	6			1	2	54				326	2	92	6	7	114	241	245	1	15	2	142	52	1	14	12	4	4	55	10	3	124	14		1,549		
CY	1			170	10	4		65	6	456		5	4	12	47	506	203	15	2		108	18		6		7	6	5	11		118	8		1,793		
DMJH	3				23	7		53	3	123	1	16	7	4	39	171	188	2	8		59	65				33	12	29	8		92	5	1	952		
FMS				122	22	3		22	3	168	1	2		10	22	336	27	1	12	1	85	96		14		9	9	45	11		20	3		1,044		
Midwest Middle						1		9	1	71		2			17	31	6		1	2	6	1		1	1		3	6	3			6		168		
Poison Spider					3			37	3	7					23	62	17			1	6			4	4			3				6		176		
RHS																					1														1	
<b>Middle Total</b>	<b>10</b>			<b>293</b>	<b>61</b>	<b>69</b>		<b>186</b>	<b>16</b>	<b>1,158</b>	<b>4</b>	<b>117</b>	<b>17</b>	<b>33</b>	<b>262</b>	<b>1,403</b>	<b>687</b>	<b>19</b>	<b>38</b>	<b>6</b>	<b>407</b>	<b>237</b>	<b>1</b>	<b>39</b>	<b>17</b>	<b>53</b>	<b>34</b>	<b>144</b>	<b>43</b>	<b>3</b>	<b>366</b>	<b>30</b>	<b>1</b>	<b>5,754</b>		
KWHS		17	1		1	12		13	12	113	14	4	9	12	26	160	67		9		76	11	1	9		8	9	6	46	19	283	12	1	951		
MHS	1							6	2	127					4	31	3		6		10				1		4	1	4			7			207	
NCHS	7			3	6	6	1	5	1	42		28	4	34	19	47	241	3	17		9	2	1	5	2	29	14	12	37		307	6		888		
RHS					3	1		7		17	1		35	11	11	243	112				108			8				6	31		345				939	
Summer School						1				2					5		1			2				2									15		28	
Transition Services	2					1		2		1		3	1	5		13	9		3		3			2			2	3	16			4		70		
<b>Sr High Total</b>	<b>10</b>	<b>17</b>	<b>4</b>		<b>10</b>	<b>21</b>	<b>1</b>	<b>33</b>	<b>15</b>	<b>302</b>	<b>15</b>	<b>35</b>	<b>49</b>	<b>67</b>	<b>60</b>	<b>494</b>	<b>433</b>	<b>3</b>	<b>37</b>		<b>206</b>	<b>13</b>	<b>2</b>	<b>26</b>	<b>3</b>	<b>37</b>	<b>29</b>	<b>28</b>	<b>149</b>	<b>19</b>	<b>946</b>	<b>18</b>	<b>1</b>	<b>3,083</b>		
<b>Grand Total</b>	<b>20</b>	<b>18</b>	<b>5</b>	<b>295</b>	<b>149</b>	<b>133</b>	<b>1</b>	<b>398</b>	<b>46</b>	<b>1,706</b>	<b>21</b>	<b>326</b>	<b>66</b>	<b>101</b>	<b>722</b>	<b>2,524</b>	<b>2,291</b>	<b>59</b>	<b>127</b>	<b>282</b>	<b>769</b>	<b>411</b>	<b>3</b>	<b>125</b>	<b>34</b>	<b>90</b>	<b>148</b>	<b>243</b>	<b>195</b>	<b>22</b>	<b>1,314</b>	<b>87</b>	<b>2</b>	<b>12,733</b>		